



Safe Riders provides helpful information about child passenger safety (CPS), including links to related local and national websites.

Call Safe Riders: 800-252-8255

<https://dshs.texas.gov/saferiders/default.shtm>



The child care program subsidizes child care for low-income families, promoting long-term self-sufficiency by enabling parents to work or attend workforce training or education activities. It also educates parents about the availability of quality child care, which enhances children's early learning.

CCS Office

1406 Jacaman Rd Suite A, Laredo, TX 78041

(956) 794-6500

<https://southtexasworkforce.org/child-care/>



Laredo WIC Program

2600 Cedar Ave, Laredo, TX 78040

(956) 795-4943

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five.

<https://www.texaswic.org/>



ECI is a statewide program for families with children, birth to three, with disabilities and developmental delays. ECI supports families to help their children reach their potential through developmental services. Services are provided by a variety of local agencies and organizations across Texas.

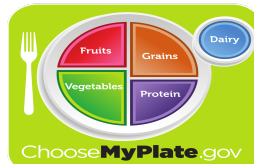
5709 Springfield Ave, Laredo, TX 78041 (956) 728-1769

<https://www.hhs.texas.gov/services/disability/early-childhood-intervention-services>



CLI Engage, houses free resources for educators and families of children ages 0-6.

<https://public.cliengage.org/>



MyPlate illustrates the five food groups that are the building blocks for a healthy diet using a familiar image.

<https://www.myplate.gov/>