



For Parents: Breastfeeding? Tell Us About Your Breastfed Baby!

As your child care provider, we want to make sure we are meeting your baby's needs. Please share how you know when your baby is hungry and what you feed your baby.

Today's Date _____

Baby's Name (first and last) _____

Baby's Birth Date _____

Parent's Name (first and last) _____


What signs does your baby give you to tell you that he or she is hungry?

- Opens and closes mouth
- Sucks hands and other objects
- Tries to bring food to his or her mouth
- Reaches or points to food
- Cries
- Makes sucking noises and motions
- Roots or turns his or her head and opens his or her mouth
- Other _____

How many fluid ounces of breastmilk does your baby usually drink when you feed him or her?

We will always feed your baby breastmilk if you provide it. If your baby is still hungry after we feed him or her the breastmilk, what would you like us to give your baby?

You are also welcome to bring a back-up supply of breastmilk that we can keep in the refrigerator or freezer.

 **Tip:**

Remember: when you bring in breastmilk, please label the bottle with your baby's full name and the date you pumped the breastmilk.

We have a space for you to breastfeed at our child care site! Would you be interested in using it? Yes No

Let us know if you want to breastfeed your baby at pick up and we will make sure your baby is ready.

Parent's Signature: _____

A handout from *Feeding Infants in the Child and Adult Care Food Program*
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